



Palo Verde Unified School District
Nutrition Services Department

Palo Verde Unified School District Nutrition Services



Updates

Starting September 14, we will be providing **FREE** meals to **ALL** children 18 years of age or younger! Please have a child or meal ID card present to receive a meal.



Actualizaciones

A partir del 14 de Septiembre, proporcionaremos comida **GRATIS** a **TODOS** los niños de 18 años o menos. Para recibir comida, los niños necesitan estar presente o pueden demostrar su tarjeta de lonche.



Breakfast Schedule

Monday & Tuesday

Ultimate Breakfast Round
Fruit Cocktail
Orange Juice
Low Fat Milk

Wednesday & Thursday

Double Chocolate Muffin
Fruit Cocktail
Orange Juice
Low Fat Milk

Friday

Cereal
Fruit Cocktail
Orange Juice
Low Fat Milk



Ruth Brown & Bus Stop Snack Menu

Monday

Goldfish
String Cheese

Tuesday

Goldfish
String Cheese

Wednesday

Yogurt
Cereal Bar

Thursday

Yogurt
Cereal Bar

Friday

Goldfish
String Cheese

Menu subject to change without notice.

"The USDA and California Department of Education are equal opportunity providers and employers."



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Please visit puusd.us for nutrition enrichment learning activities & updates



Keep Food Safe

- **Cold Food**- refrigerate within 2 hrs or ASAP
- **Frozen Food**- store in freezer immediately
- **Cooking Instruction**- heat to an internal temp of 165°F



Mantener la Comida Segura

- **Alimentos Frios**- refrigerelo lo mas pronto posible o dentro de 2 horas
- **Alimentos Congelados**- almacenar en el congelador inmediatamente
- **Instrucciones para Calentar**- caliente a una temperatura interna de 165°F



Ruth Brown Lunch

Monday

- Chicken Strips**
- Fruit Cocktail**
- Corn**
- NF Chocolate Milk**

Tuesday

- Corn Dog**
- Fruit Cocktail**
- Celery**
- NF Chocolate Milk**

Wednesday

- Orange Chicken**
- Brown Rice**
- Fruit Cocktail**
- Buttered Corn**
- NF Chocolate Milk**

Thursday

- Cheese Burger Sliders**
- Fruit Cocktail**
- Corn on the Cob**
- NF Chocolate Milk**

Friday

- Cheese Burger**
- Fruit Cocktail**
- Potato Wedges**
- NF Chocolate Milk**



Bus Stop Lunch

Monday

- Grilled Cheese Sandwich**
- Fruit Cocktail**
- Broccoli**
- NF Chocolate Milk**

Tuesday

- Corn Dog**
- Fruit Cocktail**
- Celery**
- NF Chocolate Milk**

Wednesday

- Bean & Cheese Burrito**
- Fruit Cocktail**
- Baby Carrots**
- NF Chocolate Milk**

Thursday

- Cheese Burger Sliders**
- Fruit Cocktail**
- Corn on the Cob**
- NF Chocolate Milk**

Friday

- Beef Taco Stick**
- Fruit Cocktail**
- Baby Carrots**
- NF Chocolate Milk**

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