



2018 Elementary Lunch Menu



**Palo Verde Unified School District
Nutrition Services Department**

Produce Bar

A fresh produce bar will be offered everyday, the produce bar will cover the vegetable categories that must be met weekly per USDA guidelines, Green, Red, Starchy, Legumes and Other categories. Students must take 1/2 cup of fruit or vegetable for a complete reimbursable meal.

A la Carte

Students will have the opportunity to buy a la carte snack items at lunch after going through the lunch line. Chips, Rice Krispy Treat, Cookie, Bottled Water and Carbonated Juice. All items range between \$.50 and \$1.25 each, all items meet Federal Guidelines for snacks sold during school times. Students must have money on their accounts or money in hand to purchase a la carte items. Call the Nutrition Services Department if you have any questions, 922-4164 ext. 1222.



Monday	Tuesday	Wednesday	Thursday	Friday
13 Corn Dog Baked Beans Ketchup Mustard Produce Bar Fruit	14 Chicken Strips Mashed Potatoes Graham Crackers Produce Bar Fruit	15 Turkey & Cheese Sandwich Mayonnaise Mustard Produce Bar Fruit	16 Cheese Pizza Graham Crackers Produce Bar Fruit	17 Cheeseburger on a Bun Potato Wedges Ketchup Mustard Produce Bar Fruit
20 Tostada *Refried Beans Cheddar Cheese Tapatio Hot Sauce Jalapeno Peppers Produce Bar Fruit	21 Cheesy Breadstick w/ Marinara Sauce Produce Bar Fruit	22 Chili Nachos String Cheese Cheddar Cheese Jalapeno Peppers Tapatio Hot Sauce Produce Bar Fruit	23 Chicken Patty on a Bun Mayonnaise Produce Bar Fruit	24 Macaroni & Cheese Whole Wheat Roll Produce Bar Fruit
27 Sloppy Joe on a Bun Tator Tots Graham Crackers Produce Bar Fruit	28 Popcorn Chicken Mashed Potatoes Bbq Sauce Graham Crackers Produce Bar Fruit	29 Chicken Taquito *Refried Beans Tapatio Hot Sauce Guacamole Jalapeno Peppers Produce Bar Fruit	30 Orange Chicken "Fried Rice" Graham Crackers Produce Bar Fruit	31 Pasta Bake Garlic French Bread Slice Produce Bar Fruit

"The USDA and California Department of Education are equal opportunity providers and employers."

