



Nutrition Services Department



Palo Verde Unified School Dist

2016 Elementary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*Contains Pork</p> <p>All meals include a choice of non-fat or low-fat milk.</p>			1 *Pig in a Blanket Syrup Toasty O's Cereal Chilled Pears Orange Juice	2 Crispy Rice Cereal Frosted Mini Spooners Banana Orange Juice
5 Labor Day	6 French Toast Sticks Raisin Bran Cereal Chilled Pears Orange Juice	7 Banana Bread Frosted Flakes Apple Slices Orange Juice	8 *Ham & Cheese Muffin Frosted Mini Spooners Applesauce Cup Orange Juice	9 Yogurt Parfait Frosted Mini Spooners Mixed Berries Orange Juice
12 Pretzel & Cheese Sauce Golden Grahams Cereal Apple Orange Juice	13 *Biscuit & Gravy Frosted Mini Spooners Diced Peaches Orange Juice	14 Banana Muffin Frosted Flakes Pineapple Chunks Orange Juice	15 Maple Eggo Waffles Syrup Golden Grahams Cereal Strawberries Orange Juice	16 Ultimate Breakfast Round Toasty O's Cereal Chilled Pears Orange Juice
19 Whole Wheat Bagel Cream Cheese Crispy Rice Cereal Peach Cup Orange Juice	20 *Pizza Bagel Crispy Rice Cereal Pineapple Chunks Orange Juice	21 Pumpkin Bread Frosted Flakes Apple Slices Orange Juice	22 Yogurt Parfait Raisin Bran Cereal Mixed Berries Orange Juice	23 Mini Blueberry Pancakes Toasty O's Cereal Chilled Pears Orange Juice
26 *Biscuit & Gravy Frosted Mini Spooners Strawberries Orange Juice	27 Chocolate Muffin Frosted Mini Spooners Banana Orange Juice	28 Breakfast Cookie Frosted Flakes Pineapple Chunks Orange Juice	29 *Pig in a Blanket Syrup Toasty O's Cereal Chilled Pears Orange Juice	30 Crispy Rice Cereal Frosted Mini Spooners Banana Orange Juice

MEAL ELIGIBILITY

Last years meal eligibility expires on September 29, 2016. If you do not have an approved meal application on file for the new school year, your student will be charged full price for school meals. Contact Nutrition Services at 922-4164 ext. 1222 if you have any questions.

Does your child have Food Allergies?

If your child has a food allergy, the school and the Nutrition Department must have a current medical statement form completed from the child's doctor. You can find the form online at pvusd.us under the Nutrition Services tab. Contact the Nutrition Services if you have any questions, (760) 922-4164 ext. 1223.